



## Promises Made in Bed

Playwrights: Bonnie Worthington & Sylvia Almerling

Director: Bonnie Worthington

Cast:

Stella: Sylvia Almerling

John: John MacLaren

Director's Notes:

*Promises Made in Bed* is Sylvia's first attempt at writing for the theatre and my first stab back at it after quite a few years absence. *Promises* in no way attempts to speak for all women, but it is very candid, and it provides, I think, a theatrical window for men and women to see into at least one woman's love.

The goal was fun, laughter, honesty, and compassion. During the writing and rehearsing of this play there have been weeks of screaming laughter, plain screaming, dancing, swearing and crying, but always a return to laughter, and the friendship between an actress and director who worked for the first time as co-authors. It is a beginning. Thank you to our friends and lovers who have travelled this adventure with us. - Bonnie Worthington

Poem in the program - From the theatre of banyen books

now that the winter sun rolls through eye  
words splintering rays of good morning  
all over the skin,  
it becomes a mystery of who or why these  
phrases appear before my eyes now, and  
what twist or scam or headtrip is it really,  
so I rest at last and just enjoy the ride,  
far along the water's edges, by the waves,  
where global healing stories sing & play.  
where promises are kept in bed.  
where promises, like rosy carrots, lure.  
where the rooty winter darkness already  
wrestles with the brightseed's eager thrustings.  
...ah, spring lightly, on the ground.

**Tags:**

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